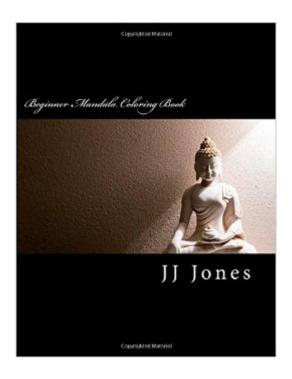
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Beginner Mandala Coloring Book





Synopsis

THIS IS A GREAT ACTIVITY FOR CHILDREN & ADULTS AS IT HELPS TO FOCUS THE MIND AND BRING YOU TO A POINT WHERE YOU CAN BEGIN TO LEARN THE BASIC CONCEPTS OF MEDITATION. THE FUN DESIGNS YOU COLOR WILL HELP THEM NATURALLY LEARN TO DEVELOP THE FOCUS NEEDED FOR MEDITATION. INCLUDED IN THE BOOK ARE SPIRITUAL PICTURES & QUOTES TO HELP DIRECT YOUR MIND AS YOU COLOR.

Book Information

Paperback: 28 pages Publisher: CreateSpace Independent Publishing Platform (February 3, 2015) Language: English ISBN-10: 1507845138 ISBN-13: 978-1507845134 Product Dimensions: 8.5 x 0.1 x 11 inches Shipping Weight: 4.3 ounces (View shipping rates and policies) Average Customer Review: 5.0 out of 5 stars Â See all reviews (1 customer review) Best Sellers Rank: #1,402,683 in Books (See Top 100 in Books) #89 in Books > Arts & Photography > Drawing > Coloring Books for Grown-Ups > Science & Anatomy #1181 in Books > Health, Fitness & Dieting > Alternative Medicine > Holistic #37201 in Books > Crafts, Hobbies & Home > Crafts & Hobbies

Customer Reviews

Very well done book.

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